

# T<sub>4</sub> [I-125] RIA KIT

(REF: RK-11CT1)

The T<sub>4</sub> [<sup>125</sup>I] RIA system provides a quantitative *in vitro* determination of thyroxine (T<sub>4</sub>) in human serum in the range 0-320 nmol/l (0-24.9 µg/dl).

## Introduction

T<sub>4</sub> (3,5,3',5'-tetraiodothyronine, MW 777) is the primary active hormone synthesized within the follicular cells of thyroid gland.

In plasma, ~70 % of T<sub>4</sub> is bound to thyroxine-binding globulin (TBG), 15-25 % to transthyretin, 5-15 % to albumin and a small percentage is bound to erythrocytes. Less than 0.1 % of total T<sub>4</sub> circulates in a free or unbound form.

T<sub>4</sub> binds to specific cell receptors and has diverse cellular and somatic effects. T<sub>4</sub> is catabolized by several processes, including deiodination, transamination followed by oxidative decarboxylation and conjugation.

In most patients the total T<sub>4</sub> level is a good indicator of thyroid status, but T<sub>4</sub> levels may be altered in conditions affecting the capacity of the thyroid hormone binding proteins, e. g. pregnancy.

## Principle of method

This assay is based on the competition between unlabelled T<sub>4</sub> and fixed quantity of <sup>125</sup>I-labelled T<sub>4</sub> for limited number of binding sites on T<sub>4</sub> specific antibody. Allowing to react a fixed amount of tracer and antibody with different amounts of unlabelled ligand the amount of tracer bound by the antibody will be inversely proportional to the concentration of unlabelled ligand. During a 2-hour incubation period with continuous agitation immuno-complex is immobilized on the reactive surface of test tubes. After incubation the reaction mixture is discarded, and the radioactivity is measured in a gamma counter.

The concentration of antigen is inversely proportional to the radioactivity measured in test tubes. By plotting binding values against a series of calibrators containing known amount of T<sub>4</sub>, a calibration curve is constructed, from which the unknown concentration of T<sub>4</sub> in patient samples can be determined.

## Contents of the kit

- 1 bottle <sup>125</sup>I-TRACER (11 ml), <sup>125</sup>I-labelled T<sub>4</sub> in buffer with red dye and 0.1 % NaN<sub>3</sub>, containing about <260 kBq.
- 1 bottle ANTISERUM (105 ml), containing anti-T<sub>4</sub> IgG in buffer with blue dye and 0.1 % Kathon CG.
- 6 vials STANDARD (6 x 0.5 ml), containing (S<sub>1</sub>-S<sub>6</sub>) 0; 30; 60; 120; 200; 320 nmol/l T<sub>4</sub> in human serum with 0.1% NaN<sub>3</sub>.
- 1 vial CONTROL SERUM, Lyophilised human serum with 0.1% NaN<sub>3</sub>.

The concentration of the control serum is specified in the quality certificate enclosed.

5. 2 boxes COATED TUBE, 2x50 pcs, 12x75 mm packed in plastic boxes.

Quality certificate  
Pack leaflet

## Materials, tools and equipment required

Test tube rack, precision pipettes with disposable tips (25, 100 and 1000 µl), shaker, plastic foil, absorbent tissue, gamma counter

**Recommended tools and equipment**  
repeating pipettes (e.g., Eppendorf, or else)

## Specimen collection and storage

Serum samples can be prepared according to common procedures used routinely in clinical laboratory practice. Samples can be stored at 2-8 °C if the assay is carried out within 24 hours, otherwise aliquots should be prepared and stored deep frozen (-20°C). Frozen samples should be thawed and thoroughly mixed before assaying.

## Preparation of reagents, storage

Store the reagents between 2-8°C after opening. At this temperature each reagent is stable until expiry date of the KIT. The actual expiry date is given on the package label and in the quality certificate.

Add 500 µl distilled water to the lyophilised control serum. Mix gently with shaking or vortexing (foaming should be avoided).

Ensure that complete dissolution is achieved, and allow the solution to equilibrate at room temperature for at least 20 minutes. Store at 2-8°C until expiry date of the KIT.

### CAUTION!

Equilibrate all reagents and serum samples to room temperature. Mix all reagents and samples thoroughly before use. Avoid excessive foaming.

## Assay procedure

(For a quick guide, refer to Table 1.)

1. Equilibrate reagents and samples to room temperature before use (min. for an hour).
2. Label coated tubes in duplicate for each standard (S<sub>1</sub>-S<sub>6</sub>), control serum and samples. Optionally, label two test tubes for total count (T).
3. Homogenize all reagents and samples by gentle mixing to avoid foaming.
4. Pipette 25 µl each of standards, control and samples into the properly labelled tubes.
5. Pipette 100 µl of tracer into each tube.
6. Pipette 1000 µl antiserum into each tube except T.
7. Fix the test tube rack firmly onto the shaker plate. Seal all tubes with a plastic foil. Turn on the shaker and adjust an adequate speed such that liquid is constantly rotating or shaking in each tube.
8. Incubate tubes for 2 hours at room temperature.
9. Aspirate or decant the supernatant from all tubes by the inversion of the rack. In

the upside down position place the rack on an absorbent paper for 2 minutes.

10. Count each tube for at least 60 seconds in a gamma counter.
11. Calculate the T<sub>4</sub> concentrations of the samples as described in calculation of results.

## Calculation of results

The calculation is illustrated using representative data. The assay data collected should be similar to those shown in Table 2.

Calculate the average count per minute (CPM) for each pair of assay tubes.

Calculate the percent B<sub>0</sub>/T% for zero standard (S<sub>1</sub>) by using the following equation:

$$S_1 \text{ (cpm)}$$

$$B_0/T\% = \frac{\text{---}}{\text{---}} \times 100$$

$$T \text{ (cpm)}$$

B<sub>0</sub>/T% is an optional quality control parameter unnecessary for determination of sample concentrations.

Calculate the normalized percent binding for each standard, control and sample respectively by using the following equation:

$$S_{2-6} / C / M_x \text{ (cpm)}$$

$$B/B_0(\%) = \frac{\text{---}}{S_1 \text{ (cpm)}} \times 100$$

For simplicity, these values are uncorrected for non-specific binding (NSB). This is enabled by low NSB being less than 3 % of total count.

Using semi-logarithmic graph paper plot B/B<sub>0</sub> (%) for each standard versus the corresponding concentration of T<sub>4</sub>. Figure 1 shows a typical standard curve. Determine the T<sub>4</sub> concentration of the unknown samples by interpolation from the standard curve. Do not extrapolate values beyond the standard curve range.

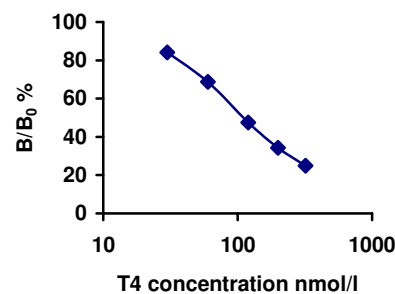


Figure 1.  
A typical standard curve  
(Do not use to calculate sample values!)

Table 1. Assay Protocol, Pipetting Guide (all volumes in microlitres)

	T	S1-S6	C	M
Standard		25		
Control			25	
Samples				25
Tracer	100	100	100	100
Antiserum		1000	1000	1000
Shake for 2 hours at room temperature				
Decant the fluid and blot on filter paper				
Count radioactivity (60 sec/tube)				
Calculate the results				

Out of fitting programs applied for computerized data processing logit-log, or spline fittings can be used.

Table 2. Typical assay data

Tubes	Count cpm	Mean cpm	B/T %	B/B <sub>0</sub> %
T	96569 97401	96985		
S1	55229 54799	55014	56.7	100.0
S2	46319 46178	46249	47.7	84.1
S3	38211 37477	37844	39.0	68.8
S4	26413 25849	26131	26.9	47.5
S5	18928 18748	18838	19.4	34.2
S6	13624 13873	13749	14.2	25.0
C	31304 30608	30956	31.9	56.3

## Characterization of assay

### Typical assay parameters

B<sub>0</sub>/T = 55 ± 5 %  
ED-50 = 10 -26 nmol/l

### Specificity

Cross reactivity values are shown below.

Thyroxine (T <sub>4</sub> )	100 %
3,5,3'-L-triiodothyronine (T <sub>3</sub> )	<12.6 %
3',5',3,-triiodo-L-thyronine (rT <sub>3</sub> )	<0.89 %
3,3'-diiodo-L-thyronine (3,3'-T <sub>2</sub> )	<0.11 %

### Sensitivity

Better than 7 nmol/l, corresponding to the 0-2xSD value.

### Precision

5 control samples were assayed in 10 replicates to determine intra-assay precision. Values obtained are shown below.

Sample	Mean value nmol/l	SD nmol/l	CV %
1	67.6	4.6	6.8
2	88.8	2.7	3.0
3	161.5	7.6	4.7
4	203.5	5.9	2.9
5	262.0	5.9	2.3

### Reproducibility

To determine inter-assay precision 5 control samples were measured in duplicates in 6 independent assays. Values obtained are shown below.

Sample	Mean value nmol/l	SD %	CV %
1	43.8	1.5	3.4
2	88.1	2.5	2.8
3	90.1	3.4	3.8
4	185.6	11.1	6.0
5	270.5	8.4	3.1

### Recovery

Recovery was defined as the measured increase expressed as per cent of expected increase upon spiking serum samples with known amount of T<sub>4</sub>. The mean (±SD) recovery % for added T<sub>4</sub> (5 samples, 100 nM added T<sub>4</sub>) was 98.2 ± 2.9.

### Expected Values

It is recommended that each laboratory establish its own reference intervals. The expected values presented here are based on testing of apparently healthy blood donors. Samples were measured in duplicates.

In a population (n=120) of adult female blood donors serum concentrations of T<sub>4</sub> were 99.2 ± 26.3 (as mean ± SD). Sample values were found scattered in a range of (51.8 – 178.4). As a guide, 60 - 170 nmol/l (4.66 – 13.2 µg/dl) can be interpreted as reference range for normal patients.

In a population (n=118) of adult male blood donors serum concentrations of T<sub>4</sub> were 94.9 ± 19.4 (as mean ± SD). Sample values were found scattered in a range of (23.7 – 153). As a guide, 55 - 130 nmol/l (4.27 – 10.1 µg/dl) can be interpreted as reference range for normal patients.

For female and male (n=238) the mean (±SD) serum concentration of T<sub>4</sub> was 97.1 ± 23.1 range (23.7-178.4). As a guide, 55 - 170 nmol/l (4.27 – 13.2 µg/dl) reference range was obtained from normal patients.

**Conversion of SI units** can be performed according to the following formula:

1 nmol/l = 0.078 µg/dl

1 µg/dl = 12.82 nmol/l

### Limitations

- The reagents supplied in this kit are optimized to measure Thyroxine (T<sub>4</sub>) levels in serum.
- Repeated freezing and thawing of reagents supplied in the kit and of specimens must be avoided.
- Hemolyzed and lipemic specimens may give false values and should not be used.
- The results obtained should only be interpreted in the context of the overall clinical picture. None of the *in vitro* diagnostic kits can be used as the one and only proof of any disease or disorder.

### Procedural notes

1) **Source of error!** Reactive test tubes packed in plastic boxes are not marked individually. Care should be taken of not mixing them with common test tubes. To minimize this risk, never take more tubes than needed out of plastic box, and put those left after work back to the box. It is recommended to label assay tubes by a marker pen.

2) **Source of error!** To ensure the efficient rotation, tubes should be firmly inserted inside the test tube rack. Never use a rack type with open hole. An uneven or incomplete shaking may result in a poor assay performance.

### Additional information

Components from various lots or from kits of different manufacturers should not be mixed or interchanged.

### Precaution

#### Radioactivity

This product contains radioactive material. It is the responsibility of the user to ensure that local regulations or code of practice related to the handling of radioactive materials are satisfied.

#### Biohazard

Human blood products used in the kit have been obtained from healthy human donors. They were tested individually by using approved methods (EIA, enzyme immunoassay), and were found to be negative, for the presence of both Human Immunodeficiency Virus antibody (Anti-HIV-1) and Hepatitis B surface Antigen (HBsAg).









Care should always be taken when handling human specimens to be tested with diagnostic kits. Even if the subject has been tested, no method can offer complete assurance that Hepatitis B Virus, Human Immunodeficiency Virus (HIV-1), or other infectious agents are absent. Human blood samples should therefore be handled as *potentially infectious materials*.

#### Chemical hazard

Components contain sodium azide as an antimicrobial agent. Dispose of waste by flushing with copious amount of water to avoid build-up of explosive metallic azides in copper and lead plumbing. The total azide present in each pack is 14.5 mg.

### Storage and shelf life

Store this product at a temperature of 2-8°C  
Shelf-life: 67 days from availability.

	Used by	<b>LOT</b>	Batch code
	Temperature limitation	<b>CONTROL</b>	Control
	Caution, consult accompanying documents	<b>CAL</b>	Standard
	Biological risks	<b>CT</b>	Coated Tube
	Consult instructions for use	<b>TRAC</b>	Tracer
	<i>In vitro</i> diagnostic device	<b>AS</b>	Antiserum
	Manufacturer		Radioactive material
<b>REF</b>	Catalogue number		



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